



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



BREAKFAST

MONDAY

NO
SCHOOL

01

Breakfast Bake
Yogurt & Granola
Peaches
Juice
Milk

08

Cereal
Cheese Sticks
Banana
Juice
Milk

15

NO
SCHOOL

22

NO
SCHOOL

29

TUESDAY

Sausage, Egg, Cheese
English Muffin
Oranges
Juice
Milk

02

Blueberry Muffins
Yogurt & Granola
Apples
Juice
Milk

09

Breakfast Burrito
Bacon
Applesauce
Juice
Milk

16

NO
SCHOOL

23

NO
SCHOOL

30

WEDNESDAY

Chicken Biscuit
Hash browns
Yogurt & Granola
Pineapple
Juice / Milk

03

Bacon Pancake Bake
Yogurt & Granola
Pears
Juice
Milk

10

Nutella Bars
Pineapple
Juice
Milk

17

NO
SCHOOL

24

NO
SCHOOL

31

THURSDAY

Biscuit & Gravy
Yogurt & Granola
Banana
Juice
Milk

04

Biscuits & Gravy
Yogurt & Granola
Strawberries
Juice
Milk

11

Biscuits & Gravy
Yogurt & Granola
Banana
Juice
Milk

18

NO
SCHOOL

25

FRIDAY

Bacon, Egg, Cheese
Croissant Bake
Grapes
Juice
Milk

05

Combo Bars
Sausage Patties
Fruit Cocktail
Juice
Milk

12

Ham, Egg, Cheese
Croissant Bake
Strawberries
Juice
Milk

19

NO
SCHOOL

26



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.



DECEMBER 2025



December is National Pear Month. Pears are a top fruit source of fiber, especially when the skin is included. They also provide vitamin C and potassium. Add chopped pears to salads, parfaits, or baked goods like muffins



LUNCH

MONDAY

NO
SCHOOL

01

TUESDAY

BBQ Chicken / Roll
Baked Beans
Potato Salad
Fruit Cocktail
Milk

02

WEDNESDAY

Beef Stew
Cornbread
Celery
Fruit Punch Ice Cup
Milk

03

THURSDAY

Orange Chicken
Stir Fry / Fried Rice
Egg Rolls
Oranges
Milk

04

FRIDAY

Walking Tacos L,T,C
Brown rice
Ranch Bans
Carroteenies
Pears / Milk

05

Chicken Spaghetti
Garlic Bread
Carrots / Celery
Pears
Milk

08

Chili Dogs
Fries
Corn
Fruit Cocktail
Milk

09

Beef Tips W/ gravy
Brown Rice
Sweet Potatoes
Okra
Peaches / Milk

10

Lasagna
Garlic Bread
Green Beans / Corn
Pears
Milk

11

Hot Ham & Cheese
Tomato Soup
Cucumber / Celery
Peaches
Milk

12

Baked Potato
Ham / Roll
Corn / Broccoli
Pears
Milk

15

Pulled Pork
Hawaiian Rolls
Yams / Cucumbers
Peaches
Milk

16

Roast w/ Gravy
Mashed Potatoes
Green Beans / Roll
Apples
Milk

17

Frito Chili Pie
Brown Rice
Carroteenies / Celery
Strawberry Ice Cups
Milk

18

Ham / Roll
Mashed Potatoes
Green beans
Applesauce
Milk

19

NO
SCHOOL

22

NO
SCHOOL

23

NO
SCHOOL

24

NO
SCHOOL

25

NO
SCHOOL

26

NO
SCHOOL

29

NO
SCHOL

30

NO
SCHOOL

31



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